

Take Ownership AND Delay Gratification

White Paper
Version 1.10

Goal

To assist individuals to learn . . . to achieve one's full potential . . . we need to resist the culture, the media, big government, big media, big education . . . big everything to believe that we are entitled to things and we deserve it all now.

We Have Succeeded When . . .

Those we read this white paper take action and follow through with filling out the assignments and take the needed actions to TAKE PERSONAL OWNERSHIP and DELAY GRATIFICATION . . . i.e. give up pleasure, something I want today to gain something tomorrow.

Background

Being entrepreneurs and owners of businesses we see America and the world moving more toward a sense of entitlement, a sense to blame others for our own failure and to one of consumption rather than production.

If you notice . . . big government, big media, big education, big medical and even big mega churches . . . big everything seems to tell us . . . you deserve . . . have it your way . . . enjoy life now . . . etc. Big movements seems to tell us that we deserve more than what we're getting now and that others should provide for us and issues we are having as a group are not due to the group's choices but by the choices of others around us and that whatever we want . . . we deserve to have right now, without working ourselves or waiting. Whatever we want, we deserve now. It's really the seduction of the masses . . . to enslave the masses and we're all allowing it to happen.

It seems . . . that BIG, when groups of people come together they use their force of the group to get what they want for members of the group, without consideration for others outside the group. They are selfish and have learned how to take from others to gain for themselves and anyone who challenges the group of "takers" is demonized and destroyed as an enemy.

The truth is . . . there is a war of for the minds, the ways of thinking . . . and we all need to make a decision of which side we are one. Our choice will determine if we are free to be free or if we will be enslaved. Joining groups . . . seems to be somewhat of a dangerous thing as groups seems to be like gangs in many ways and often, it seems we have to give up some level of freedom and buy into what the group is saying.

A great book by a 15 year old teenage boy is “The Art Of Seduction Of The Masses” helps us to understand how often BIG seems to seduce the masses into becoming enslaved to BIG. Almost everything BIG seduces us to buy more, consume more, live in the moment, enjoy life today . . . as we don’t know about tomorrow, be concerned about ourselves and the reasons we have issues is because of others ~ our parents, business, government, the media, schools . . . or really anything other than ourselves and whatever BIG is seducing us at the time.

> www.SeductionOfTheMasses.com

How am I or others around me being seduced?

Most everything BIG wants us consume and not to have delayed gratification and often if they want us to have delayed gratification . . . it’s actually for their benefit as well.

Think about it . . . anything big . . . started small . . . those who started it had a heart for whatever it was they were pursuing, but as it grows it become like a monster in and of itself. Do those who run great causes ~ homeless shelters, cure for cancer, poor, any victim organization, drug rehab or anything? Now . . . don’t get upset just be honest and think about it. Isn’t there a reward, financial, jobs, need, appreciation . . . really everything based on not solving / healing the situation but just helping?

There’s a lot more money to be made / generated by helping people rather than healing people. Check out the **Stanford marshmallow experiment** and you’ll find some of the most interesting things about delayed gratification.

https://en.wikipedia.org/wiki/Stanford_marshmallow_experiment

Take Ownership - Important Things To Consider

Of the 500+ Natural laws, the DNA *for* LIFE, possibly the most important of all natural laws is the law of Taking Personal Ownership. A hundred years ago, we use to have a culture of hard work, don't live beyond your means, contribute to society, save money, give to others and live within our means.

Today . . . there is a huge movement in thought to believe that others owe us something and we deserve everything we want . . . now. The biggest competition to home ownership according to Tom Kunz, most recent past President of CENTURY 21, the largest real estate franchise in the world . . . smart phones, gaming systems, designer clothing . . . anything that we want to consume now.

Even BIG college education has now become a part of the problem with massive consumption for the top down, massive pensions and benefits which are not available to the masses which results in a more costs and more debt which is literally not only enslaving college students killing them. Debt among college age adults is the number one reason attributed to suicide in that age group.

Think about it . . . what BIG do you belong to? What are they telling you?

What are the biggest challenges I am currently facing . . . (any area of life)

How many of the above things are challenges / problems in my life that I'm taking personal ownership of? If we don't take personal ownership of everything . . . we are giving control to someone else and thereby allowing, through our own way of thinking to allow others to enslave us. "Yes, we have the freedom to do this. Yes, this makes us feel better when we do this . . . at least in the short term, but it's only until we take personal ownership of everything in our lives that we will find true healing."

Questions . . . Need Help . . .

Please feel free to call the individual you passed this along to you and/or feel free to call 888.230.2300 or 630.393.9909.

Great Websites . . .

- > 30 Minute Gift Strategy Session: www.DNAforSuccess.com/examination/30min-strategy
- > 7 Steps To Success: www.DNAforSuccess.com/7-steps-to-success
- > White paper library: www.DNAforLife-Laws.com/cool-free-stuff
- > Video library: www.DNAforLife-laws.com/career-success
- > www.DNAforSuccess.com

Pay It Forward

If this white paper was helpful please share this with others and considering making a generous contribution to help single moms and kids at risk. www.dnaforlife-laws.com/pay-it-forward

Other great white papers: www.DNAforLife-laws.com/cool-free-stuff/success/system/member

WARNING . . . You may not like what you read in the Q&A. Do not blame us or the person who gave this to you. YOU HAVE BEEN WARNED!

Before you read the Q&A please make sure you go through ALL six short videos and watch them closely and take notes. If you do not you will most likely get upset about what is shared in the Q&A.

Again . . . you have been WARNED!

- > www.DNAforSuccess.com/video-trailer-library

Q&A

Q1: Do certain groups of people tend to have more challenges with this than other groups?

A: You will probably be very surprised by our response as it's not politically correct and will seem very offensive to anyone in these groups of people. What's interesting about being in a group of people, is that we love to be part of the group when it serves us and brings us benefit but when someone "attacks" the group we are in, we and the group will bring ALL the forces possible against the attacker to silence them. This is why BIG media won't attack BIG anything because BIG anything will fight back in force.

Let's us an example . . . hmmm, what group of people can we attack and get the least push back from. Hmmm, oh yes . . . the young white male. Let's start there. Young white males are dumb and irresponsible. They are profiled without question by everyone. When's the last time you saw anything BIG defending the young white male. Shoot . . . their own dad's don't even defend them.

Their dad's, often older white men, will say to them . . . "Son the reason you are profiled as being young and irresponsible . . . is because . . . well you and a lot of your friends are son."

Strange when you think of it isn't it. No one defends them . . . maybe other than their own mothers . . . at times . . . but even then the mother often comes around and tells them how it is.

You don't see young white males, older white males or women or any group really defending the young white male. Actually any group can come together and march / protest . . . accept the young white male. If they do it, everything BIG will come down hard on them. Interesting way of thinking isn't it.

Hmmmm, I wonder . . . if the white male is strong . . . which a lot of older white males believe younger white males are getting weaker and weaker every day, but if they are strong . . . maybe it's because of the thinking that is driven into them from a young boy.

If you are not a white male and you have a specific question about being a women or any ethnic group feel free to ask this question . . . IF . . . you are willing to listen and consider another way of thinking that may hurt initially.

Q2: I have an adult son who seems to blame me as a parent for all their issues. What do I do?

A: Well . . . this is going to be tough to hear. There is a very strong chance that your son is right . . . but . . . not in the way that they are blaming you. They are probably blaming you to manipulate you to continue to get what they want from you what they want but is not good / healthy for them.

Hmmm, did you give them what they wanted when they were younger when they got upset at the store or threw a tantrum? If you didn't give into them and make them work hard and did not help them to think they were the center of the universe . . . when they were younger . . . good for you! Don't start now!

If you did . . . well then apologize for being a bad parent and tell them you are going to start being a good parent and now allowing them to manipulate them further.

What if they threaten me or maybe even threaten to harm themselves. Hmmm, that's tough one. Read the next question / answer for additional insight.

Q3: I have a daughter who is so lazy and depressed. What do I do?

A: Yes . . . there seems to be so much of this going around today. Hmmm, probably best to medicate them so they aren't depressed but feel good about themselves through medication. Yep . . . that's the ticket. I mean . . . doctors (BIG medicine) says this is what's best so they must be right.

Is this the craziest way to think or what? So much (not all) but so much of depression is directly connection to how much one produces vs. consumes. If someone is lazy they are going to be depressed. Hello . . . this is not brain surgery . . . this is how we're designed. We're designed to produce not consume! When we consume more than we produce, we get depressed.

Now it works out pretty good for BIG medical, BIG pharma, BIG mental health, BIG government and crazy actually even BIG churches / religious. The more depressed someone is the more medicine someone needs, the more someone will seek counseling and even the more someone will go to church.

This is not brain surgery or rocket science folks . . . produce and feel great about ourselves for being a great steward of our 7 T's ~ Time ~ Talents ~ Treasure ~ Trust ~ Truth ~ Temple and Thought . . . don't and we'll be depressed. It's a CHOICE . . . not a DISEASE.

When someone threatens to harm themselves . . . this is one of the scariest things for a parent to face. I mean . . . what if we're wrong . . . and our child kills themselves?

Many parents . . . have after many instances finally “released” the child and shared the tough truth that if they want to heal from the pain and the hurt that the child who is often an adult will need to take personal ownership, will need to work hard, become a producer rather than a consumer. If the parent continues to put a roof over the child’s head, pay for everything, cover for the child . . . that child, it seems may never heal.

Yes, this is true and we are not saying you don’t get help . . . but don’t think that professionals know more than you do as parent, spouse, family member or friend do necessarily. Yes, if loved ones go on medication, if something happens, we do feel better that we at least “tried.” In the book “You Are The Placebo” there are some most interesting things about the brain and the power of the chemical within the brain. Medicine isn’t always bad, but there are so many examples where medicine is misused. Today, based on many sources, there are more people addicted to prescription drugs than illegal drugs.

Often medicine is the “easy” answer . . . and in life it seems . . . often the easy answer seems to work . . . at least for the short term, but in the long term it doesn’t work so well.

Getting someone who is depressed to take ownership and work hard is so very hard. Until they do those two things, it would seem, that we may be treating the symptom rather than the core issue.

To the person who is depressed, yes it’s chemicals in your brain, many would say based on how you choose to think. There are many positive things, some of which are “getting what you think you want,” “continuing to be lazy” and “getting to feel good without working hard it it” to name a few. These are all temporal and will not last long. You will need stronger drugs / medicine and the downward cycle, yes, could very well kill you. It’s a choice we all make . . . we need to own it. Another aspect of depression is we lose perspective and become self centered. Yes . . . we get it. You’ve had some really bad things done to you and a hard life. Guaranteed . . . there are people who have had far worse and they are doing great! Why? It’s because of choices in how they think.

Here are three videos which may help.

- > <http://dnaforsuccess.com/video-trailer-library/thinking-differently/>
- > http://dnaforlife-laws.com/career-success/#et_pb_accordion_item_30
- > http://dnaforlife-laws.com/career-success/#et_pb_accordion_item_97

Q4: How do I delay my own gratification?

A: Great question! You're actually half way there. Learn to SEE the future and all the amazing things you will have if you delay, for some time, what you want to have. What's amazing . . . is that you'll have more more in the future . . . than you would if you don't delay your gratification AND you'll be happier AND you'll learn to appreciate what you currently have more and will enjoy something far more . . . the longer you wait for it.

You will have far more money, far more free time, far less stress and far more greater life balance. You'll also have better and stronger relationships as a result of being more thankful, grateful, far less self absorbed, have greater joy and be far happier!

Q5: Do people who have challenges in taking ownership and lack delayed gratification tend to be attracted to MLM's (multi-level marketing) and other types of "get rich quick" schemes?

A: This is such a difficult question to answer properly as there are many levels / layers here. In a way, everything is kind of like multi-level in that the people at the top earn most of the money and those under them support those at the time. You find this in all aspects of BIG including higher education. Teachers assistants and part-time teacher get paid far less than tenured professors.

So we would say the answer is . . . "Yes and no." People who have a hard time taking ownership and desire immediate gratification tend to be more like light switches, something is "On or Off" whereas people who tend to take more ownership and will delay their gratification will tend to be more "Dimmer Switches." They understand that there are degrees and not "Yes or No" answers it's more complex than that.

Often in MLM and other types of organizations which are seeking attract those who are seeking to build residual income (I can earn money while not doing any work - lazy, want success now) those types of individuals, "Yes, are very

susceptible to being seduced by . . . well . . . by many people.” They like to be told how amazing they are, how they can be entitled to success, how they can earn a lot of money without doing a lot of work and how money will come fast and easy.

MLM and other types of companies like this will often tend to attract expressive and analytic types of people along with some amiable personality / frequency types. Driver or amiable personality types are often the founders of these organizations. The expressive personality / frequency type is very susceptible to being seduced by the person at the front of the room and all the energy in the room. The expressive loves the energy, the passion and the excitement and will often be narcissistic / big ego and will think . . . “That person at the front of the room is not nearly as fun and exciting as I am. I’ll be even more successful than they are.”

MLM’s will often earn most of their money in education. People need to learn how to start and have a successful company so they sell their members education. Is this education any less value than the tens / hundreds of thousands of dollars people pay for formal education? That is a very tough question to answer and if we’re honest . . . we are at least willing to consider the fact that both formal education and MLM and similar types of structures maybe be a little like gambling . . . where the house always wins and the house is not the students, the masses but a few people at the top.

Be a dimmer and know that something / everything is probably not all good or bad but somewhere in between. Why are people who are successful, successful? Understand that it comes back down, almost always to taking personal ownership and delaying gratification. Almost always!

WARNING: There are some groups out there which can be almost fatal to people. They give them enough information to be dangerous. If an organization helps you to figure out how to gain a lot of debt . . . be very cautious. Are they helping you to get the debt for your benefit for theirs? Debt is like a gun, it can be good or can be bad. Having a lot of knowledge does not insure that you will earn money. If you’re thinking . . . all I need to do is to make one or two sales to pay back the debt . . . and that will be easy . . . trust us . . . it’s not! When we are taken advantage of . . . is that our fault or someone else’s fault?

Often we trust people we shouldn’t and don’t trust people we should. We are often taken advantage of because we do not take personal ownership and we

are looking for the quick buck, the quick fix . . . we are not willing to pay the price for success. A great with paper to read on this is “Trust.” In this white paper we learn that that we often trust people we shouldn’t and don’t trust people we should. Learning this valuable lesson will help us to see far greater success as we’ll take personal ownership for our own poor decisions rather than blame it on others.

Two great programs which don’t cost anything and were developed by a non profit organization is Coffee Connections and the Success Circle of 12.

> www.MyCoffeeConnection.org

> www.DNAforLIFE-Laws.com/sc12

Q6: It seems to me that you are against counseling, medication and most everything else that is good and there it help us.

A: Hmmm, this is interesting as it’s not really a question but a statement. When we make statements we are not really open to learning and listen but we desire to defend our position, to continue to think the way we are thinking.

Hmmm, what would we say to that? Let’s see . . . “If that’s working for you personally then we would say, keep doing it.” The only caution we would share is that what seems to be working now may not work for you in the long term. Someone drinks alcohol or someone who does drugs thinks it’s working for them which is why they continue to do it.

That longer it takes to realize our thinking is destroying us and those around us, the more pain we’ll have in our life and the lives of others.

There is A LOT OF MONEY to be made in “Helping People” and maybe not so much in “Healing People.” All we’re saying . . . is be smart . . . be careful . . . take ownership . . . work hard . . . enjoy the journey and the joy that comes from delayed gratification.

http://dnaforlife-laws.com/career-success/#et_pb_accordion_item_103

Q7:

A:

