

White Paper – 1st Draft

“Our Heart”

Have a soft heart while guarding our hearts

Version 1.06

Purpose

To discover, through the Bible, what God has to say about the heart and then use that to better understand His will for my life, the lives of my wife, children, and those around me. To learn how to touch the hearts of 7 billion people in the world.

01. Desires of My Heart

(We can trust the desires of our heart if we're in the Word, in prayer, in fellowship, and sharing Christ.)

02. God's Heart

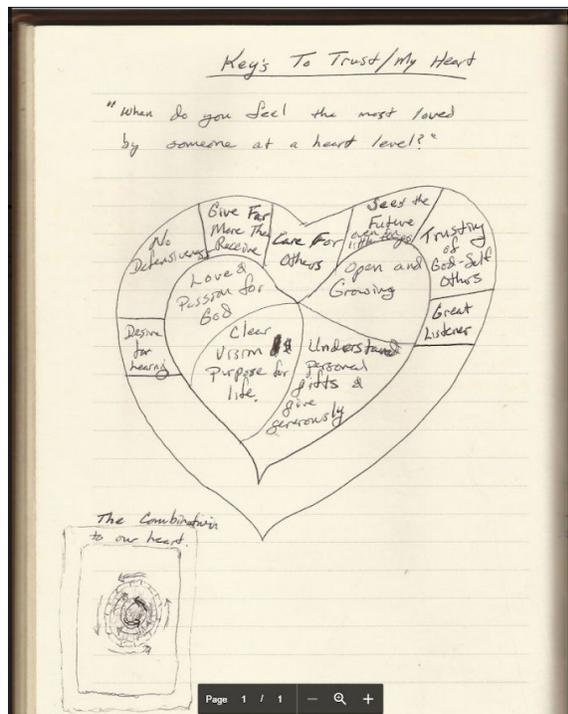
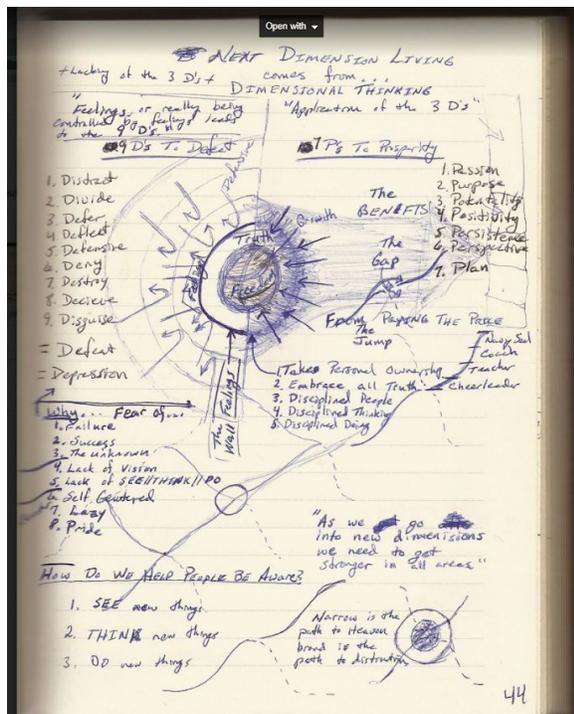
03. David – A Man After My Own Heart

04. Guard The Heart

05. Heart is deceitful and desperately wicked who can know it

06. Harden The Heart

07. Pridefulness of the Heart



01. Desires of My Heart

[Psa 37:4](#) Delight [6026](#) thyself also in the LORD [3068](#); and he shall give [5414](#) thee the desires [4862](#) of thine heart [3820](#).

Delight [6026](#) - 2) to be happy about, take exquisite delight // 3) to make merry over
give [5414](#) 1) to give, bestow, grant, permit, commit, entrust, give over, deliver up, extend
desires [4862](#) 1) desire

heart [3820](#). a) inner part 3) soul, heart (of man) 4) memory 8) seat of appetites - passions - courage

Delight [6026](#)

- 1) to be soft, be delicate, be dainty
- a) (Pual) to be delicate
- b) (Hithpael)
 - 1) to be of dainty habit, be pampered
 - 2) to be happy about, take exquisite delight
 - 3) to make merry over, make sport of

give [5414](#)

- 1) to give, put, set
- a) (Qal)
 - 1) to give, bestow, grant, permit, ascribe, employ, devote, consecrate, dedicate, pay wages, sell, exchange, lend, commit, entrust, give over, deliver up, yield produce, occasion, produce, requite to, report, mention, utter, stretch out, extend
 - 2) to put, set, put on, put upon, set, appoint, assign, designate
 - 3) to make, constitute
- b) (Niphal)
 - 1) to be given, be bestowed, be provided, be entrusted to, be granted to, be permitted, be issued, be published, be uttered, be assigned
 - 2) to be set, be put, be made, be inflicted
- c) (Hophal)
 - 1) to be given, be bestowed, be given up, be delivered up
 - 2) to be put upon

desires [4862](#)

- 1) request, petition, desire

heart [3820](#).

- 1) inner man, mind, will, heart, understanding
- a) inner part, midst
 - 1) midst (of things)
 - 2) heart (of man)
 - 3) soul, heart (of man)
 - 4) mind, knowledge, thinking, reflection, memory
 - 5) inclination, resolution, determination (of will)
 - 6) conscience
 - 7) heart (of moral character)

8) as seat of appetites

9) as seat of emotions and passions

10) as seat of courage

02. God's Heart

[Deu 6:5](#) And thou shalt love [157](#) the LORD [3068](#) thy God [430](#) with all thine heart [3824](#), and with all thy soul [5315](#), and with all thy might [3966](#).

Outline of Biblical Usage

- 1) to love
 - a) (Qal)
 - 1) human love for another, includes family, and sexual
 - 2) human appetite for objects such as food, drink, sleep, wisdom
 - 3) human love for or to God
 - 4) act of being a friend
 - a) lover (participle)
 - b) friend (participle)
 - 5) God's love toward man
 - a) to individual men
 - b) to people Israel
 - c) to righteousness
- b) (Niphal)
 - 1) lovely (participle)
 - 2) loveable (participle)
 - c) (Piel)
- 1) friends
- 2) lovers (fig. of adulterers)
- 2) to like
 - 1) inner man, mind, will, heart, soul, understanding
 - a) inner part, midst
 - 1) midst (of things)
 - 2) heart (of man)
 - 3) soul, heart (of man)
 - 4) mind, knowledge, thinking, reflection, memory
 - 5) inclination, resolution, determination (of will)
 - 6) conscience
 - 7) heart (of moral character)
 - 8) as seat of appetites
 - 9) as seat of emotions and passions
 - 10) as seat of courage

03. David – A Man After My Own Heart

Act 13:22

. . . I have found 2147 David 1138 the [son] of Jesse 2421, a man 435 after 2596 mine own 3450 heart 2588, which 3739 shall fulfil 4160 all 3956 my 3450 will 2307.

heart 2588

- 1) the heart
- a) that organ in the animal body which is the centre of the circulation of the blood, and hence was regarded as the seat of physical life
- b) denotes the centre of all physical and spiritual life
- 1) the vigour and sense of physical life
- 2) the centre and seat of spiritual life
- a) the soul or mind, as it is the fountain and seat of the thoughts, passions, desires, appetites, affections, purposes, endeavours
- b) of the understanding, the faculty and seat of the intelligence
- c) of the will and character
- d) of the soul so far as it is affected and stirred in a bad way or good, or of the soul as the seat of the sensibilities, affections, emotions, desires, appetites, passions
- c) of the middle or central or inmost part of anything, even though inanimate

fulfil 4160

- 1) to make
- a) with the names of things made, to produce, construct, form, fashion, etc.
- b) to be the authors of, the cause
- c) to make ready, to prepare
- d) to produce, bear, shoot forth
- e) to acquire, to provide a thing for one's self
- f) to make a thing out of something
- g) to (make i.e.) render one anything
- 1) to
(make i.e.) constitute or appoint one anything, to appoint or ordain one that
- 2) to (make i.e.) declare one anything
- h) to put one forth, to lead him out
- i) to make one do something
- 1) cause one to
- j) to be the authors of a thing (to cause, bring about)
- 2) to do
- a) to act rightly, do well
- 1) to carry out, to execute
- b) to do a thing unto one
- 1) to do to one
- c) with designation of time: to pass, spend
- d) to celebrate, keep
- 1) to make ready, and so at the same time to institute, the celebration of the passover
- e) to perform: to a promise

will 2307.

- 1) what one wishes or has determined shall be done
- a) of the purpose of God to bless mankind through Christ
- b) of what God wishes to be done by us
- 1) commands, precepts
- 2) will, choice, inclination, desire, pleasure

04. Guard The Heart

05. Heart is deceitful and desperately wicked who can know it

05b. Children

Pro 22:15	Foolishness 200 [is] bound 7194 in the heart 3820 of a child 5288; [but] the rod 7626 of correction 4148 shall drive it far 7368 from him.
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heart 3820

- 1) inner man, mind, will, heart, understanding
- a) inner part, midst
- 1) midst (of things)
- 2) heart (of man)
- 3) soul, heart (of man)
- 4) mind, knowledge, thinking, reflection, memory
- 5) inclination, resolution, determination (of will)
- 6) conscience
- 7) heart (of moral character)
- 8) as seat of appetites
- 9) as seat of emotions and passions
- 10) as seat of courage

child 5288

- 1) a boy, lad, servant, youth, retainer
- a) boy, lad, youth
- b) servant, retainer

rod 7626

- 1) rod, staff, branch, offshoot, club, sceptre, tribe
- a) rod, staff
- b) shaft (of spear, dart)
- c) club (of shepherd's implement)
- d) truncheon, sceptre (mark of authority)
- e) clan, tribe

correction 4148

- 1) discipline, chastening, correction
- a) discipline, correction
- b) chastening

far 7368

- 1) to be or become far, be or become distant, be removed, go far away
- a) (Qal) to be far, be distant
- b) (Piel) to send far away, extend
- c) (Hiphil)
- 1) to make or exhibit distance, be gone far

2) to remove, put far away

2) (Niphal) loose

06. Harden The Heart

: 06. Seems like that when we do not see what we should see that our hearts can be hardened. Lesson . . . we need to consider/be thankful/ think about what God has done/is doing for us or we risk our hearts being hardened. To prevent an entitlement attitude, an attitude of gratefulness will prevent that.

- When you look at Hurricane Katrina and the response of the people vs. what happened in Japan, very different. When you look at what may seem to be the response of the people into Iraq and maybe not being grateful for the help, then people don't want to help.

<input type="checkbox"/> Mar 6:52	For they considered not [the miracle] of the loaves: for their heart was hardened .
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Mat 15:18	But ¹¹⁶¹ those things which ³⁵⁸⁸ proceed ¹⁶⁰⁷ out of ¹⁵³⁷ the mouth ⁴⁷⁵⁰ come forth ¹⁸³¹ from ¹⁵³⁷ the heart ²⁵⁸⁸ ; and they ²⁵⁴⁸ defile ²⁸⁴⁰ the man ⁴⁴⁴ .
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What comes out of the mouth **comes from** the heart. Listen carefully to what is said.

02. Interesting that God told/warned Moses about Pharaoh's heart being hardened prior to it happening.

<input type="checkbox"/> Exd 4:21	And the LORD said unto Moses, When thou goest to return into Egypt, see that thou do all those wonders before Pharaoh, which I have put in thine hand: but I will harden his heart , that he shall not let the people go.
<input type="checkbox"/> Exd 7:3	And I will harden Pharaoh's heart , and multiply my signs and my wonders in the land of Egypt.
<input type="checkbox"/> Exd 7:13	And he hardened Pharaoh's heart , that he hearkened not unto them; as the LORD had said.

03. God talks about His own heart.

07. Pridefulness of the Heart

Oba 1:3

The **pride** 2087 of thine **heart** 3820 hath deceived 5377 thee, thou that dwellest 7931 in the clefts 2288 of the rock 5553, whose habitation 3427 [is] high 4791; that saith 559 in his **heart** 3820, Who shall bring me down 3381 to the ground 776?

Personal Observations

- Some if not most people seem to have a very low frequency within the heart. It's like a high pitch whistle where as you get older you're not able to hear it. You just can't.
- It seems that those who go into psychology, in advanced degrees, are looking to solutions for their own, kind of messed up lives? Hmm, it seems like that may be true for pastors as well. It's like they think they are caring and giving, but are they? Are they there to really serve people or are they serving people for the accolades and affirmations they receive from other people? Just like a mother of a newborn seems to believe and is reinforced by others that she is a caring and giving person, but is she. Yes, just like a pastor, she is to some frequency, but when you think about it, everyone tells them how caring and loving and giving they are, when in fact the women is caring for a baby that has come from her own body and so she is really caring for someone that is a part of her own body.
- Seems like that people who have a low frequency of the heart / center of all passions - emotions will tend to have a very high sensitivity of those who hurt them and a low sensitivity to how they hurt others.
- People with low sensitivity will tend to portray this by saying . . . "I want people to acknowledge that others have hurt me so I know they know they have hurt me." and then will say when they have hurt others "No one's perfect." "People make mistakes." It's like people who have low frequency / immature will minimize what they have done to others to make themselves and their own ego feel good and build it up.
- Low heart frequency people tend to apologize, seemingly sincerely, and then will make the same choices again to hurt someone else. Mark, second oldest shared with Vern (oldest) and Ken youngest son of Karen and Ralph, how it hurt him deeply that Mark felt, at a very deep level hurt as a result of not listening and getting out in front of Ralph and Karen's health situation. As a result of that situation, Karen, on her hospital bed, after being diagnosed with Level 4 cancer and had 2 to 6 months to live said "Mark, you're not caring, you lack sensitivity." even though Mark had been around Ralph and Karen and had step up many times. Mark told Vern and Ken that it would be really good to listen to him the next time.
- The next time Mark shared with Vern and Ken that they should have a log for all that was taken from mom and dad's neither listened to Mark and as a result Karen said to her 16 year old grandson Ben, "Ben, I'm disappointed that you dropped off caring for grandpa." Hmm, interesting that Karen didn't communicate her own disappointment in herself that she didn't follow through with things as it related to her husband Ralph or that Ralph didn't follow through, or that a number of her children didn't believe in Ben that he could care for grandpa, or that her youngest daughter for months wouldn't even return a text or a phone call. Why did she attack Ben with her vicious, hurtful, totally lacking sensitivity for her grandson? She attacked his heart at the deepest level without any consideration or sensitivity and then tried to manipulate Ben by saying that she wanted to pay Ben to care for Grandpa. What does that reveal about someone? Hmm, maybe that they are selfish and self centered and care far more about themselves and that their hearts are hardened?

- Another indication of a low frequency heart is when they tend to focus on the splinter in someone else's eye. For example, the son Ken focused on "teaching" Mark when Ken said "Mark, when you shared 'Death' is exciting you might have wanted to add 'for me.'" Mark had experienced this in the past with Ken and others so Mark continues to learn and grow and get stronger and change. Interesting when you look at what Mark wrote it said . . . **4. Death is exciting . . . it really is! I am loving this time** as it seems that people have a better perspective. So much of the things that we as human beings think are important are not and the thought of death helps us to have a better perspective."
- Interesting that it did the very thing that Ken said but was just a few words after the "Death is exciting . . ." and Ken would have had to work a little harder to get to that and see. With low frequency people they tend to be not only selfish but also lazy and always seeking to fix others, point out how others have hurt them, maximize the hurt others have made in their own life and minimize the hurt they make in others.
- Will Mark, be more careful the next time and put the "I" in front of the "Death" or whatever is said to make it abundantly clear to the reader. "Yes he will." Will Ken stop focusing on himself, hmmm not so sure that will happen. It almost seems like the youngest children are more prone to this self centeredness than older children. Will Ken listen to Mark, at a heart level, and change or will Ken just apologize maybe and never change but keep doing things? Hmmm, seems to be a pattern that as one get's older that it becomes more set in stone.
- Mark seems to be accepting that Ralph and Karen are what they are and will probably always be that way. Not because they have to be that way, but because they choose to be that way and everyone else around them chooses to be that way as well. This includes Mark actually it would seem. Mark will not confront his parents or even his brothers and sisters for a number of reasons. Mark believes that if they read this, confronted with these things that each one would roll their eyes and then project all kinds of things onto him that are really within themselves.
- How does Mark take what he believes to be true and not get bitter at his parents and others around him? It would seem that maybe Mark has figured out that some people just do not have the frequency that he does and that's alright.
- Mark will probably work hard to make sure that this does not get out to family members, at least for some period of time. Why? With everything that surrounds death tensions are high, like fumes in the air and it's hard

July 6th, 2015 - Observations around the doctors diagnosed emanate death of Mark's mom, Karen Boersma.

- It's interesting that Karen shared with her second son Mark a number of things about how there was possible hope for her to survive but would not share those things with anyone else including her youngest daughter who is a medical doctor.
- Did Karen not share because she was trying to just make Mark feel good?
- Did Karen not share because she was being sensitive to others and didn't want to challenge their thoughts that she would die?
- Why would you share with one, especially if you had shared with that person that they were not sensitive?

